

Designer New Year's Resolutions That You Should Try Too



BY KELSEY MULVEY

UPDATED DECEMBER 30 2019

22



Photographed by Larnie Nicolson.

As the old adage goes, new year, new you.

Sure, you can make a positive change during any season; however, there's something about New Year's that feels like an appropriate time to turn over a new leaf. It's as if you could wake up as a better, healthier, or more productive you. Plus, thanks to all your family members, friends, and colleagues who are also creating New Year's resolutions, you have a built-in support system to cheer you on as you crush your goals.

Problem is, creating a New Year's resolution is easier said than done. Not only is it difficult to find a resolution that will create a positive change, but it is also challenging to *actually* stick to your goal. After all, many people break their resolutions by January 17.

Don't worry, it's still possible to make 2020 your best year yet. To help inspire you to set a design goal — and, yes, stick with it — we surveyed a handful of interior designers for their resolutions.

Their responses run the gamut from injecting more color in their homes, to purchasing vintage furniture, to slowing down the pace of their non-stop lives. But whether you borrow one of their resolutions or simply needed some inspiration, one thing's for sure: 2020 is yours for the taking.

Say Thank You



Photographed by Julien Fernandez.

"My New Year's resolution is to write one (somewhat random) thank you note per week," says interior designer Alison Pickart. "I have been reflecting on all of the amazing things we have been able to accomplish — and some of the most valiant and critical efforts by tradespeople, vendors, and craftspeople go unrecognized. It is my goal to take the time to let those who have really helped and made a special impact know how grateful I am for them."